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Publisher: HDFNA

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HDF Shining Stars

HDF has taught over 100,000 students and trained over 1,700 teachers throughout Pakistan. Students in these schools are determined to get their education, despite financial and cultural hardships. HDF works with these students and their families to make sure they get a quality education.



Every month our Newsletters will have a section entitled "Shining Stars" to highlight stories and pictures of some of these exceptional students.

Visit this section on *page four* and learn more about this month's shining stars.

THANKS Scholarships

THANKS Scholarships provide us an opportunity to award students, thank Almighty and pay homage to those who have helped us in our personal journeys to success.

These awards serve as incentive for students to be more industrious, and provide financial assistance to qualifying students to ensure that financial constraints do not hamper them in achieving their full potential.

THANKS Scholarships are endowed in amounts of \$10,000 and profits earned on these endowments are awarded to any school in Pakistan the donor wishes to bless *read more on page 18*



News & Views

Chairperson's Message

HDF Mission

To Facilitate a Non-Political Movement for Positive Social Change and Community Empowerment through Mass Literacy, Enhanced Quality of Education, Universal Primary Healthcare and Grassroots Economic Development

HDF Vision

To become a Center of Excellence known for Progressive and Transformational Human Development.

We carry out our mission with the following core values...

Honesty, Integrity, Accountability, Transparency, Efficiency, and Fiscal Responsibility

WHAT IMPACT DOES HDF HAVE ON PAKISTAN?

Over **100,000** children enrolled

Currently running **53** schools of all types that include **65%** girls

Over **200,000** people receive Primary Preventative Healthcare

99% of children under **2** years of age are fully immunized in HDF program areas

Formed **700** Joint Ventures with **100%** women entrepreneurs

Over **10,000** women and men have been trained in Financial Literacy and Consumers' Rights



Dr. Mahmood Alam

"Life by life, missed opportunity by missed opportunity, we are increasing the gap between the haves and the have nots." Mr. Anthony Lake, the past executive director of UNICEF, made this statement about the under developed countries at the World Economic Forum in 2015. Unfortunately, Pakistan is one of those countries that are at the lower ebb of Human Development Index (HDI) in the world.

The Human Development Index (HDI) is a composite statistic of life expectancy, education, and income per capita indicators. A country scores higher HDI when the life expectancy at birth is longer, the education period is longer, and the income per capita is higher. It is a great tool to distinguish whether the country is a developed, a developing or an underdeveloped country. The index was developed in 1990 by Pakistani economist Mahbub ul Haq and Indian economist Nobel Laureate, Amartya Sen.

Human Development Foundation has been striving to help establish a humane society in Pakistan focusing on improving HDI of villages served by HDF through our staff and Village Development Organizations (VDO) created by HDF at the grass roots level.





From There to Here: A Story of Zeenat

The year is 1948. A student representative of a high school in Quetta, Pakistan is selected to meet with Quaid-e-Azam Mohammad Ali Jinnah, the founder and first Governor General of the newly independent republic of Pakistan and his sister Ms. Fatima Jinnah. She is thrilled by the thought of meeting with one of the greatest leaders of his time. Overwhelmed by the joy but humbled by the distinct honor of meeting the father of the nation, she asked Quaid-e-Azam something that would characterize her for the rest of her life. At an age most of us can't think beyond what we are going to wear or eat today, she thought of the nation's future. She requested the Governor General to designate a vacant building in Quetta for a school for the children of the families migrating from East of the border after the partition. It was the high point of her life. The meeting with Quaid-e-Azam became a beacon of light for her to spend the rest of her life in the service of the less fortunate and deserving people of Pakistan. Subsequently, she established an intermediate school in Quetta.

If one were a Pakistani-American living in or around Port Huron, MI, or if one were a member of APPNA, one knows Dr. Zeenat Anwar as a lady with a humble nature, a pleasant demeanor, and a rock solid will to help the disadvantaged. Born and raised in Quetta, and a graduate of Fatima Jinnah Medical College (now university) FJMU, Lahore, Pakistan - class of 1956, she received her DGO and DO degrees from Dublin, Ireland and MRCOG from Royal College of Obstetricians and Gynecologists, UK. She later went on to obtain Board Certification in OB/GYN in the United States. After training, Dr. Anwar practiced most of her professional life as a Gynecologist in Port Huron, MI.

Dr. Anwar's list of contributions to the Pakistani-American community and to the less privileged people of Pakistan is long. She is a founding member of Association of Physicians of Pakistani descent of North America (APPNA) and a founding member of FJMU Alumni Association affiliated with APPNA. She was the pioneer of the Michigan chapter of APPNA and was the second



Zeenat Anwar, M.D.

president of the Chapter. She is a founding member of Human Development Foundation (HDFNA). She has served on the Board of Director for ten years. She has helped raise millions of dollars for charitable causes for HDF and other fraternal organizations in the last 40 years.

Zeenat received the Women of the Year Award from "Safeer a Pakistan," a GEO TV show in 2007. She was also honored with a Lifetime Achievement Award by APPNA in 2016. Presently, she sits on the Board of Trustees of HDFNA, and she is serving on the HDF MI Board with active participation. She and her husband Dr. Shamshad Anwar, a retired Gastroenterologist, who always stood by her side for her community service along with her busy professional life, have recently moved to Chicago area after her retirement from professional life. For Zeenat, however, there is no retirement from her mission of human development in Pakistan. She continues to be inspired and guided by her meeting with the Quaid some 70 years ago with the same zeal and energy. Zeenat is an inspiration for everyone who has known her.



HDF Profiles

Shining Stars

Abdullah Abdul Rehman & Dua Abbas Ali



Abdulla and Dua with their awards



Abdullah receiving his tablet



Dua receiving her tablet

For achieving good percentages, two students from class three, Abdullah Rehman and Dua Ali, have been awarded a plaque and computer tablet each under the SEF assesment conducted by IBA Sukkur.

Benazir Ali Bux, Sanobar Abdul Qayoom, & Naila Muhammad Shafeeq

Three students, Benazir Ali Bux, Sanobar Abdul Qayoom and Naila Muhammad Shafeeq, have been awarded \$150 from SEF for achieving good results in Matric.



Sanobar Abdul



Benazir Ali Bux



Naila Muhammad Shafeeq

"Employee of the Month" Muhammad Iqbal Malik



As the Program Manager of the Social Capital Development program, Mr. Iqbal Malik has been a part of the HDF family since 2007. With his past 22 years in the development sector, Mr. Iqbal is experienced in community engagement and social sector planning, implementation, and monitoring and evaluation of integrated development projects. His areas of expertise include social mobilization, advocacy, strategic planning, capacity building and participatory development.

Overseeing the foundation of all integrated programs - social capital development across HDF's eight regions, Mr. Iqbal believes that participatory planning and management approaches are especially effective in achieving the strategic and operational objectives of organizations. Under his leadership, the program has been successfully increasing people's participation through self-sustaining and development-oriented institutions at the community level.



News & Views

New Jersey Annual Event



HDF New Jersey Fundraiser

Sunday,
December 16th, 2018
5 - 10 pm

The E (Edison) Hotel
3050 Woodbridge Ave
Edison, NJ 08837

Tickets:

General Admission \$50

VIP (Reserved Seating) \$100

Reserved General Table of 10 \$450

Reserved VIP Table of 10 \$900

Keynote Speaker:

Dr. Khalid Riaz

Co-Founder and Chair HDF Pakistan

RSVP: 732-874-3705

mahmood786@gmail.com

Host Committee HDF-NJ:

Mahmood Alam, Chair HDFNA

Azim Ahmad, Zainab Alam,

Shaheen Jilani, Fauzia Khan,

Rizwana Khan, Abdul W Mughal,

Nasar Qureshi, Shama Saleh, Nadia

Zar and Muhammad Zubair

Qawwali Night Hamza Akram Qawwal

Winner of
Lux Awards



*Human Development
Foundation cordially
invites you to its second
Annual Fundraiser and
Qawwali Night with
Hamza Akram
on Sunday, December
16th, 2018.*

*Its a family event to
enjoy the performance
while supporting HDF's
mission of giving back to
underserved
communities in Pakistan.*



News & Views

A Visit to HDF Villages

Great Things in Small Places

By Uzma Mustafa

I have been associated with education and teaching for over two decades now. Although I am currently taking a break from full time teaching, I don't pass any opportunity that allows me to be in a school, amongst children and teachers. Such an opportunity came along last August when my husband was planning to visit the HDF school on the outskirts of Lahore and Mardan, Pakistan. Upon an invitation to visit the schools from Col. Saleem (CEO, HDF Pakistan), I tagged along with my husband, and off we went to visit HDF schools in Lahore.

After about 40 minutes of driving, the traces of metropolitan city of Lahore started to fade and we entered the small town of Ainu Bhatti. Driving through narrow dirt roads and alleys our car stopped in front the gate of HDF Secondary School Ainu Bhatti. The paved driveway and a high-rising proper boundary wall with barbed wire were the first features that attracted my attention.

The best feature of the school were the confident students and passionate teachers. We had the opportunity to talk to students and teachers of different class levels. Most shared their views and their future plans with self-confidence and excitement. Teachers were happy to be a part of the HDF school and displayed an enthusiasm for their work which forms an integral part of quality teaching and learning.

The school appeared as a sign of urban development amidst rural surroundings. With a purpose-built and well-maintained double story campus, cemented floor, and spacious classrooms, it was comparable to any uptown school. The classrooms were well-equipped with necessary supplies and some even had LCD screens that were used to show educational videos. The school's electricity needs were met by the Solar Power System, installed in the school premises. Most government schools even in the cities do not have all these facilities.



HDF Secondary School Ainu Bhatti

The second school we visited in Lahore region was HDF Secondary School Karol War. The school was smaller in size, yet the spirit of teachers and enthusiasm of students was equally praise-worthy. The airy and large classrooms had the necessary furniture. Ratio of teacher and students was comparable to high-end private schools, and teachers expressed satisfaction with their jobs.

Next, a week later, we drove to Mardan to HDF Girls Secondary School Gurdas and HDF Girls Secondary School Mirwas. Both schools in Mardan region were impressive. The school premises were clean and well maintained. Management and faculty of the school appeared very professional from their appearance and conversation.



HDF Secondary School Ainu Bhatti



News & Views

A Visit to HDF Villages

A worth-mentioning observation is the cultural difference that exists between Punjab and KPK. Some students in Mardan schools were reluctant to share their views openly, especially in the presence of a male visitor, i.e. HDF Executive Director. Also, since the students had just returned to school after their summer break, the younger students, obviously, appeared less excited to be back to school. It was heartening to see that despite space constraints, the school had setup a make-shift library in the corridors. This may seem odd at first, but I believe it was a very bold choice. Pakistan does not have a library culture. Not many people, children included, frequent libraries. Having a library in the corridors has the potential of sparking childrens' curiosity. I recognize that budgetary constraints may be to blame for a certain lack of sporting activities for the girls to make their schooling a wholesome experience. I hope that HDF will be able to raise some additional funds next year to meet this need, InSha Allah.

Overall, as an educator who has taught at some of the most demanding institutions focused on holistic learning, I have always advocated that for a school to take a student from a C grade to A grade isn't half as great a challenge as taking one with Zero schooling to C grade. HDF schools, although their students have excelled, are a manifestation of the latter. It was a gratifying experience. I got to see firsthand how great things can be achieved if we have a sincere will and a passion to bring about change. I wish HDF would not just continue supporting such educational endeavors but also expand upon them. Educating millions of out of school children is no ordinary challenge, but Allah helps those who persevere. You go HDF!

(The author is an educator and a freelance writer currently based in Lahore.)

If you have visited HDF villages in Pakistan, we'd love to hear about your experience.

Please contact our office at 847.490.0100 or email info@hdf.com



HDF Girls Secondary School Mirwas



HDF Girls Secondary School Gurdas



HDF Secondary School Karol War



News & Views

Impact Report

- **705** Medical Camps organized
- **325,133** patients treated
- Over **200,000** people receiving Primary Preventative Healthcare
- Infant Mortality Rate **28/1000** live births
- Mortality Rate **<5 years** of age **33/1000** live births
- **99%** Women of Reproductive Age immunized against TT
- **100%** Antenatal Care Consultations
- **55%** Contraceptive Prevalence Rate
- **99%** fully immunized children **under 2 years** of age



- Over **100,000** children enrolled
- **273** Non Formal Schools opened so far have been mainstreamed into **21** Formal Schools
- Currently running **53** schools of all types that include **65%** girls
- **100%** HDF students covered under School Health Program
- **591** students awarded scholarships (56% girls)
- Over **1,700** teachers trained
- Over **150,000** people advocated for the implementation of Article 25A "Right to Education"
- **95** pass percentage in all grades and greater than **90%** in Board Examinations in HDF Schools with increased trend towards obtaining A and A+ grades



- Formed over **35,247** community-based organizations (CBOs)
- Development projects worth over **\$1.7 million dollars** mobilized by the empowered CBOs mainly through Government
- Over **240,000** office bearers of CBOs, including **46%** women, trained in community management & DRM skills
- **41** HDF trained CBO members including **6** women leaders elected to local government bodies





News & Views

Impact Report (cont.)

- Over **1.7 million** beneficiaries of Economic Development Program
- Facilitated **221,928** persons with disbursement of over **\$26 million**
- Over **12,000** people trained in vocational/technical skills (including diploma courses)
- Over **700** Joint Ventures done with **100%** women entrepreneurs
- Over **10,000** women and men trained in Financial Literacy and Consumers' Rights



- Over **300,000** beneficiaries of HDF SE Program
- Over **1 million** trees planted
- Over **2,000** Community Physical Infrastructure projects completed
- **4** Dams (Delay Action/Check)
- **9** CHCs buildings constructed
- **14** school buildings constructed
- **481** housing units constructed
- **60** Water Filtration Plants
- **79** Link/Roads/Streets pavements constructed
- **101** kitchen sanitation units constructed
- **1,757** household level water filtration units
- **59** Water Course Linings
- **15** Drainage and Sanitation Projects
- **1,067** Hand Pumps
- **43** flood protection/retaining walls
- **40** tube wells
- **77** Solar renewable energy units
- **7** Kareiz systems developed
- **25** Drinking Water Supply Projects
- **63** Irrigation projects
- **76** Latrines constructed
- **84%** of the population with sustainable access to basic sanitation
- **96%** of the population with access to an improved water source



SUSTAINABLE ENVIRONMENT



News & Views

HDF Pakistan & HDFNA Updates

HDF Pakistan Board of Directors Meets

Islamabad, Oct 30: Board of directors of HDF Pakistan met for its annual meeting here on October 29-30. Dr. Khalid Riaz, chairperson of the board of HDF Pakistan presided over the meeting. The vice chairperson of the board of directors of HDFNA, Dr. Naheed Qayyum, Executive Director of HDFNA, Syed Mustafa Kamal, and Dr. Mrs. Nasim Hafeez from Florida Network of HDFNA also attended the meeting. Board reviewed the performance of various programs and initiatives of HDF Pakistan. Program Managers of all HDF programs presented their plans for 2019 while CFO, Asif Rehman, presented HDF Pakistan's budget for the upcoming year. Board also discussed inter-organizational matters with HDFNA and HDF Canada. The highlight of the meeting was the briefing on Umeed Say Aagay program by Saeedul Hasan, Executive Director HDF Pakistan. Board also adopted a resolution to concur with HDFNA on the need for inter-organization harmony among all HDF organizations. The board agreed to setup a global steering committee to coordinate programs, plans, and goals of HDF organizations in Pakistan, US, and Canada.

Vice Chairperson of HDFNA Visits Rahim Yar Khan Region

Islamabad, Oct 29: Dr. Naheed Qayyum, vice chairperson of HDFNA visited Rahim Yar Khan region. Dr. Qayyum visited BGT Center at Basti Chah Mullan and met the student ladies of the center and viewed clothes and handicraft articles produced by the students at the center. She was pleased to see that the students were excited about learning the skill and becoming independent. She also toured the Rahim Yar Khan Healthcare Center and met with healthcare staff at the center.

HDFNA Board of Directors

Mahmood Alam - **Chairperson** (MD)
Naheed Qayyum - **Vice Chairperson** (IL)
Moazzam Chaudry - **Secretary** (CA)
Shahzad Kazi - **Treasurer** (IL)

Israr Abbasi (IL)
Saeed Bajwa (NY)
Bashir Chaudhary (GA)
Shahid Choudhary (MO)
Bushra Dar (MN)
Fatima Hussain (IL)
Javed Khan (CA)
Sharmeen Khan (VA)
Muzzamil H. Malik (MI)
Tariq Malik (MI)
M. Khalid Riaz (IL)

HDFNA Board of Trustees

Gulzar Ahmed (CN)
Mahmood Alam (NJ)
Zeenat Anwar (MI)
Wali Khan (FL)
M. Khalid Riaz (IL)

HDFNA Executive Director

Syed M. Kamal



*Vice Chairperson, Dr. Naheed Qayyum
visiting BGT Center*



News & Views

HDF Pakistan & HDFNA Updates (cont.)

HDFNA Volunteer Networks

Every year, HDF volunteers help us reach our goals to fund existing programs in Pakistan. Thanks to our volunteer networks, over 2 million people have received services from HDF.

If you want to make a difference in the lives of people in Pakistan, join one of our Volunteer Networks below. If you don't see your location, contact us to start a Volunteer Network near you.

New Jersey/New York

*Chairperson - Mahmood Alam
mahmood786@gmail.com*

Silicon Valley

*Chairperson - Javed Khan
jkhan@safaeon.com*

Minnesota

*Chairperson - Bushra Dar
darbush3@gmail.com*

Washington DC

*Chairperson - Sharmeen Khan
skhan@tfsginc.net*

Michigan

*Chairperson - Shahzad Syed
shahzadsyed215@yahoo.com*

LA

*Chairperson - Yasmin Qasim
yasminqasim@gmail.com*

Chicago

*Chairperson - Fatima Hussain
fatimahussain78@gmail.com*

Tampa

*Chairperson - Naseem Hafeez
naseem.hafeez@gmail.com*



Washington DC Volunteer Network

HDFNA Board of Directors Meet in Chicago

Rolling Meadows, HDFNA Office: The Board of Directors of HDFNA meets every month by teleconference and in person three to four times each year. The first meeting of 2018 took place on March 7-9 in Rolling Meadows. The board welcomed the new Executive Director, Syed Mustafa Kamal, reviewed the annual report for 2017, and evaluated operational performance of the organization. The board also held a strategic workshop on ways to enhance organization's development plan. This workshop, attended by board members, network leaders, and invited volunteers, was conducted by the team leader of the Foundation Development Team, Moazzam Chaudry. The second meeting was held on August 25th at the office of HDFNA. This was an organizational meeting in which the Executive Director briefed the board on results of operations for the first six months of 2018. HDF Board also addressed other organizational matters. The next meeting of the board of directors is scheduled to be held December 7-9, 2018 at HDFNA Office in Rolling Meadows. Agenda for the meeting includes review and approval of plan for 2019, strategic planning, and other organizational matters.

Umeed Say Aagay

Peshawar, Nov 1: HDF and its partners, Ministry of Planning, Development & Reform and SUN-CSA Pakistan have launched a mass awareness campaign called #UmeedSayAagay at the provincial level at Khyber Medical University, Peshawar on November 1, 2018. The event was attended by representatives from international donor agencies, civil society organizations, academia, KP government and media. The event focused on taking action to save over 400,000 lives of mothers and children. Decision makers agreed to advocate for & work together on a variety of measures, such as the policy-making for the introduction of low-cost high nutrition organic foods, widespread distribution of "Pakistan Dietary Guidelines", extension of maternity leave to up to 6 months, and ensuring suitable development budgets for mother and child wellness programs. Mr. Jan Muhammad, Deputy Speaker Provincial Assembly, Khyber Pakkhtunkhwa was the chief guest at the ceremony. Dr. Khalid Riaz, Chairperson HDF Pakistan, Prof. Dr. Ashad Javed, Vice Chancellor KMU, DR. Kashif Nazeer, Assistant Chief Health (Ministry of Planning & Development), and Mr. Ziaullah Bangash, Advisor to Chief Minister KP, were the key speakers among others.



Moving Past Hope
www.umeedsayaagay.com



Umeed Say Aagay Awareness Campaign launches at Khyber Medical University



Mr. Jan Muhammad, Deputy Speaker Provincial Assembly, Kyber Pakkhtunkhwa



Role of HDF in Pakistan Water Management

By Sidra Idrees & Shanza Sohail

Human Development Foundation (HDF) has always been a socially responsible organization striving for community development in Pakistan by targeting the most pressing issues across the country. Over the last two decades, water scarcity has emerged as a national issue and HDF has been active from the very start to address this problem.

HDF's goal is to handle the problem of water scarcity in Pakistan by providing clean water to communities through water management and raising awareness for water sustainability. To achieve this goal, HDF has been working in five key areas: water conservation, water channel development, water treatment, irrigation and sanitation, and awareness. These initiatives for water management plan to target the issues of land degradation, rainwater run-off, lower water tables, migration and poor irrigation in Pakistan.

The biggest achievement of HDF has been in the area of water conservation, under which it was engaged in the construction of four Delay Action Dams in the villages and surrounding areas of Zhob to deal with drought-like conditions. The objective was to store water from rain run-off and to redirect it to various arid zones around Zhob, Balochistan. The impact of dam construction has been substantial since it restored the agricultural potential of the region and proved to be a source of economic revival for the people of the region, who otherwise had to migrate to other regions in search of water. The Delay Action Dams have a total of 60,000 beneficiaries to date, who are able to irrigate their land, have access to clean drinking water, and are able to find a water source for their livestock.

The presence of the dams instilled a sense of responsibility among the community members who contributed to its construction; making the community aware of the need for water sustainability. These Delay Action Dams increased the community's capacity for sustainable resource management, developed mechanisms of utilization, and allowed the local communities to adopt sustainable land use practices.

96% of the population in HDF program areas, both urban and rural, have sustainable access to an improved water source. HDF believes in the reuse of water to increase water efficiency and has set up water treatment facilities like filtration plants and over 1,700 household water filtration units. HDF has also developed several drinking water supply projects to provide accessible clean drinking water to communities. Karez systems, water course linings, and other irrigation projects have strengthened the irrigation capacity of benefiting communities.

Awareness sessions on the significance of water and its use are also conducted in HDF program areas. With the increasing water crisis, HDF has redoubled its efforts for efficient water management in communities across the country.



DAM Maroozfai, Zhob



News & Views

Solar Water Pump Project

Through the donation of Yasmeen Patel and Shaheen Hira, two sisters from HDFNA, and the work of Village Development Organization and community members, Village Katho Sama and Bheel Tharparkar now have access to an uninterrupted supply of water thanks to a Solar Water Pump.

Accessibility of water was one of the first priorities the community identified when HDF came to the area. Women would normally spend an average of 3 hours pulling water from dug wells before the implementation of a water pump. Today, approximately 1,032 people, including over 508 adults, 524 children, and 810 animals all receive water from this facility. Thanks to this project, life has changed for these residents.

In Village Katho Bheel there were no street lights to light the way to the water pump, so 6 solar operated street lights and 40 solar hand lights have also been provided to the village population.

Thanks to HDF donors, the Solar Water Pump Project has achieved the following objectives:

- 1032 people and 810 animals have access to water
- Promoted participatory development approach by engaging community to increase the access of the people to safe drinking water through installation of solar water pump.
- Improved health and hygiene of the people by providing drinking water and raising awareness among them
- Reduced absenteeism and drop-out among school going children expected through provision of drinking water at doorstep.
- Empowered women by providing safe drinking water through alternative energy

Summary of Project Activities:

- Formation of Village Development Organizations in village Katho Sama & Village Katho Bheel.
- ToP signing with community groups
- Formation of Water Users Committees in villages Katho Sama & Katho Bheel
- Installation of two Solar powered submersible water pumps
- Construction of two overhead water tanks
- Installation of 2000 feet of water supply lead line.
- Water Quality Tests
- Installation of 6 Solar Street Lights in village Katho Bheel
- Distribution of 40 Solar Hand Lights in Village Katho Bheel
- Awareness raising sessions with the community on health and hygiene and gender sensitisation
- Formation of Operation and Maintenance Committees in villages Katho Sama and Katho Bheel
- Selection of the operator for running solar pumps in village Katho Sama and Katho Bheel
- Introduced a clause in terms of Partnership with the community that parents will send all those children to school who used to fetch water from dug wells.
- Conducted awareness-raising workshops on the importance of education with the community.
- Ensured female representation in the Water User Committee
- Conducted health and hygiene sessions with female



HDF Donor Plaque



News & Views

Transformation of Water Resources in Village Katho Sama and Bheel Tharparkar



Before Water Pumps were added, Women from the Villages pulled water for 3 hours from dug wells



Community members placed the submersible pump in the ground



solar panels were added to ensure constant water access and a healthier environment



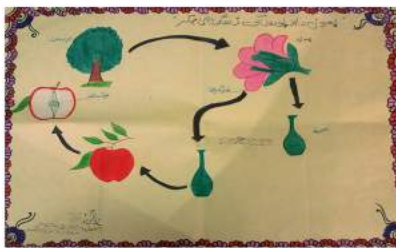
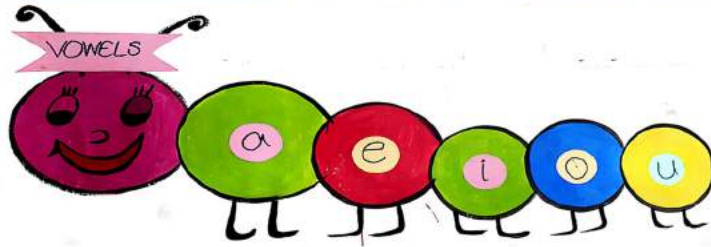
Villagers now receive water at the front of the water pump



solar lights were added to streets in village Katho Bheel for safe overnight water access



animals receive water at the back of the water pump





Student Corner

Student Article

Editorial Note: The following was written by Samaviya Azeem, an 8th grader in the Lahore Secondary School. We decided to transcribe this for our readers to highlight a promising young student.

Article On Women's Empowerment is

We are living in an age of women empowerment. Women the world over are working shoulder to shoulder with men. By and large, they are now empowered to take decision about different aspects of their life and profession.

Benefits of Women Empowerment:

Women empowerment adds to confidence of women in their ability to lead meaningful and purposeful lives.

They are able to lead their lives with dignity and freedom.

It adds to their self-esteem.

It gives them a distinct identity.

They are able to gain position of respect in society.

They get fair and equitable access to resources of the country.

Necessity of Women's Empowerment:

Without women's empowerment, we cannot remove injustice and gender bias and inequalities.

Empowerment acts as a powerful tool against exploitation and harassment of women.

It is a great means to get adequate legal protection for women.

Women are highly creative and intelligent which makes it imperative to reserve their contributions in socio-economic activities.

For a full and progressive society, women

need to be provided equal opportunities for work.

Means of Women Empowerment:

Education: Without proper and adequate education, women cannot become empowered individuals.

They need to be encouraged to go for higher studies so that they can contribute significantly in the creation of a knowledge society.

Communication skills: Without developing skills for effective communication, women cannot make their voices heard. It is essential for them to communicate effectively to become successful. As leaders, they need to put across their points to the people so that a family, team or company can be effectively managed.

Disposable Income: Women need to earn well to have their say in important financial decisions governing their lives.

Being financially independent gives women power over their lives and also contributes to the growth of businesses.

Power of Internet: Access to the internet has opened the floodgates of knowledge and awareness and increased social interaction reach and influences of women. The liberalizing influence of the World Wide Web has broken all taboos, myths and misconceptions regarding women.

Conclusion: Women Empowerment helps to make the society and world a better place to live in and march forward on way to inclusive participation. It means increase happiness for the family and the organization where women make

Organization where women make a difference.

Samaviya Azeem
Class 8th

Article on Women's Empowerment Written by: Samaviya Azeem, Class 8th



Samaviya Azeem

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Without developing skills for effective communication, women cannot make their voices heard. It is essential for them to communicate effectively to become successful. As leaders, they need to put across their points to the people so that a family, team or company can be effectively managed.

Disposable Income:

Women need to earn well to have their say in important financial decisions governing their lives. Being financially independent gives women power over lives and also contributes to the growth of businesses.

Power of Internet:

Access to the internet has opened the floodgates of knowledge and awareness and increased social interaction reach and influences of women. The liberalizing influence of the World Wide Web has broken all taboos, myths and misconceptions regarding women.

Conclusion:

Women Empowerment helps to make the society and world a better place to live in and march forward on way to inclusive participation. It means increase happiness for the family and the organization where women make



News & Views

THANKS Scholarships

THANKS Scholarships



HDF awarded THANKS scholarships for academic year 2017-18, on merit, to students of each of the donor-designated schools. Only names of the children are being published. Sponsors of each scholarship will receive detailed information privately.

THANKS Scholarships are endowed in amounts of \$10,000 and profits earned on these endowments are awarded to any school in Pakistan the donor wishes to bless. These scholarships have been awarded to several students through the years.

Listed below are the names of scholarship winners. To learn more about HDF THANKS Scholarships please visit www.HDF.com.

Primary

Ahmad Arshad
Ibrahim
Nazia Ramazan
Neha Asif
Nisha Munir
Rehan Laal
Suneha Mushtaq
Zainab Khalid

Grade 1

Abdul Qadir
Abdul Rehman
Abu Sufyan
Ahsan Asif
Aisha Batool
Amanat Ullah
Amna Qadir
Amna Shafiq
Amna Zafar
Arwa Shahzad
Fatima Zohra
Fizan Nazeer
Ghulam Qasim
Hamza Kashif

Hannan Ahmad
Haram Ashraf
Ismail Hussain
Laiba Arif
Maha Javed
Minahil Amir
Muhammad Ali
Muhammad Luqman
Muhammad Nouman
Muhammad Hussain
Muneeb Shah
Naqeeb Ulla
Natasha
Nehmatulla
Qurtaba Hamza
Rugia Sultan
Sadiah Irfan
Sakina Manzoor
Sameer Akram
Sania Ilyas
Sufhan Taaj

Grade 2

Ahmed Ali
Ali Haider
Ali Hasam
Aliza Azam
Ammar Ali

Ansar Farid
Anum Raof
Areeba Hussain
Aziz Ullah
Femar Ali
Fiza Abid
Ghulam Hedar
Ghulam Zehra
Hania Maqbool
Hifza Fayyaz
Ishrat Shahzadi
Isra Malik
Kainat Allauddin
Khaista Khan
Laiba Sajid
M Abdullah
Mahjabeen Saleem
Mahnoor Khalid
Mehwish Mushtaq
Misbah Sharif
Muafia Iftikhar
Muneer Khan
Muzdalfa Mohsin
Noor Fatima
Rehan Muhammad
Rooman Bakht
Sadiah Bibi
Seerat Batol
Zain Arif
Zakira Gul

Grade 3

Aasima Yunus
Abdul Hanan
Abdul Rehman
Aisha Nasir
Ali Hyder
Ali Raza
Ali Shair
Amina Naeem
Aqsa Bahar
Bakht Roza
Doa Mustafa
Eman Javid
Faryal Talpoor
Hamza Asad
Iman Ali
Iqra Ghaffar
Kinat Tariq
Larain Noor
M Ismail
M Tanveer Nazir
M Iqbal
Mafia M Ali
Mehak Nazeer
Momina Munir
Nadia Khan
Noor Fatima
Razmina Ulla
Seema Adam
Shah Mir
Sunaina Rasheed
Tasneem Ali
Waseem Khan
Zain Abbas
Zainab Noor
Zikriya Ali

Grade 4

Abdullah Amir
Abdur Rehman
Ahsan Raza Munir
Ali Hassan
Ali Hassan
Alisha Noor
Amna Tehreem
Arsheen Hussain
Ashar Saeed
Atif Shafique
Awais Ali
Ayesha Usman
Ayesha Bibi
Bakhtwar Qadir
Hammad Ashraf
Hifza Kashif
M Ahsan
Mariam Kaleem
Maryam Maseeh
Mavra Malik
Mubeen Akbar
Noor Fatima
Noor Sehar
Razia Ilah
Samreen Riaz
Saniyan Saleem
Shahzaib Murtaza
Muhammad Asad
Muskan Fatima
Nazia Gul
Nazira Gul
Shazia Ramazan
Shoveria Javed
Wajiha Noor
Zainab Fatima

Grade 5

Ali Hamza
Ali Hassan
Andaleeb Arshad
Arooj Kanwal
Ayesha Iqbal
Ghulam Fatima
Hafsa Muhammad
Haleema Sadia
Kashifa Ali
Kinza Shah
Mateen Mustafa
Muhammad Adeel
Nafeesa Akram
Noor Fatima
Palwasha Khan
Rabisha Fiyaz
Saeeda Noor
Saira Razzaq
Saira Khushi
Saneha Babar
Shanza Izat
Zoha Idrees
Zubaida Mehmood

Grade 6

Ahmed Ali
Gul Badeen
Hina Batool
Khadija Ali

Kinza Raza
Razia Lakhano
Saba Muhammad
Saman Iftikhar
Sikandar Hayat

Middle Grade

Waqar Iftikhar

Grade 7

Aasma Bibi
Ghulam Damstageer
Husna Ali
Malaika Pari
Nazish Ibrahim
Sadiah Ilyas
Sajid Suleman
Shakeela Ahmed
Wakeel Khan

Grade 8

Faiza Yasmeen
Huda Yousuf
Mahnoor Maqsood
Minahil Zafar
Rabica Younus
Rida Iqbal
Samina Sarwar
Shazmeen Hussain

Grade 9

Asma Karim
Fatima Muqeeem
Rabia Ilyas

Grade 10

Ayesha Ibrahim
Maryam Usman
Rabia Abbas

Prep Class

Abdullah Ashgar
Aieman Maqbol
Alishba Maqsood
Amna Nisar
Faha Abdul Rehman
Imaan Fatima
Maryam Ali
Maryam Saleem
Muqaddas Shafique
Sehar Masih
Zoha Ali
Zunaira Irfan

MSc Applied

Psychology

Semester 1V

Izza Mahfooz
Saba Shahid

MSc Economics

Muhammad Bilal Baig
Muhammad Ikram
Muhammad Raheel
Muhammad Tasawar



Ways to Give

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Did you know Human Development Foundation is a 501(c)3 organization and your donations are tax deductible?

Each year you give to HDF out of the goodness of your heart, but don't forget these donations are tax deductible. Our Tax ID is 36-4184940 and if you donate before December 31st, don't forget to keep your receipt for next years taxes.

Below are a number of ways to donate to HDF:

Donate Online

It's easy to donate to HDF online at www.HDF.com

Matching Donations

Your employer might be able to match your donation. Contact your company and see if you can double your impact!

Donate by Mail

Make checks payable to 'Human Development Foundation' and mail all checks to: 2775 W Algonquin Rd Suite 240 Rolling Meadows, IL 60008

Donate by Wire Transfer or Auto Debit from Bank Account:

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Make a Stock Donation

Please contact Dan Papavasiliou at 847-490-0100 or danp@hdf.com



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The Human Development Foundation established the Founder's Legacy Society to recognize individuals and couples who have made provisions in their estate plans to provide a gift to the Foundation for the benefit of those who are striving to achieve a better life.

The Founder's Legacy Society was named after the founding members of the Human Development Foundation who established the organization to facilitate an apolitical movement for a positive social change. The "seed" of philanthropy generously provided by the Founders has grown into an international force for human development, having served more than two-million constituents.

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To discuss your Planned Gift or for additional information, please contact us at (847) 490-0100 or plannedgiving@hdf.com. Please let us know if you already have included the Human Development Foundation in your estate or financial plans. All requests for information will remain confidential. The information on our website will help you get started, but it is summary in form and general in nature and does not apply to all individuals. You should consult your tax, legal or financial advisors concerning the specific details and consequences of making a Planned Gift to the Human Development Foundation and to help you determine which approach is best for you.



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