



Human Development Foundation

Helping People Help Themselves

Inside this issue:

Female Literacy: "Little to celebrate, Lot to worry"	1 - 2
Employee Profile & Success Story	3
Ummed Say Aagay	4
News & Views Updates	5
Ways to Give	6

Publisher: HDFNA

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October 11th was International Day of the Girl. This day is meant to address the needs and challenges girls face. HDF works towards gender equality throughout Pakistan in areas of education, health, and community leadership.

Included in this month's newsletter are success stories and areas of impact HDF has had on villages in Pakistan, and proof that investing in women and girls strengthens not only individual communities, but entire nations.

Female Literacy: "Little to celebrate, Lot to worry"

By Ulfat Bangash, HDF

"Once you learn to read, you will be forever free."

Frederick Douglass

Not only is illiteracy a problem for today's children who hope to achieve great things in life, it is also a problem for the coming generations. Not being able to read or write prevents individuals from certain jobs, accessing information on health care and other services, and from learning. This can lead to unemployment or under payment, further exacerbating poverty.



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HDF Mission

To Facilitate a Non-Political Movement for Positive Social Change and Community Empowerment through Mass Literacy, Enhanced Quality of Education, Universal Primary Healthcare and Grassroots Economic Development

HDF Vision

To become a Center of Excellence known for Progressive and Transformational Human Development Foundation.

We carry out our mission with the following core values...

Honesty, Integrity, Accountability, Transparency, Efficiency, and Fiscal Responsibility



Female Literacy: "Little to celebrate, Lot to worry" (Cont.)

By Ulfat Bangash, HDF

In turn, the children of the poor are more prone to ill health, exploitation and being illiterate themselves. As we require food to be alive, we need education for social and individual development. This shows that **"Literacy is the best remedy."**

Currently, it is estimated that over 780 million adults do not know how to read and write. Additionally, 94 to 115 million children worldwide do not have access to education. According to UNICEF, young women accounted for 59% of the total illiterate youth population. UNESCO finds that girls make up over half of the children out of school around the world - at 31 million.

International Literacy Day is one way UNESCO strives to shine a spotlight on these issues and to help increase literacy around the world. Since 1965, International Literacy Day has honored and celebrated international efforts to increase literacy rates and aims to highlight the importance of literacy for individuals, and society, as a whole. People all over the world celebrate this day, bringing communities, organizations, schools, teachers, and learners together.

"Attain knowledge from cradle to grave"

The Prophet Hazrat Muhammad (PBUH) said, "Acquiring of knowledge is obligatory to every Muslim male and female."

The Education & Literacy program at Human Development Foundation (HDF) aims to provide quality education to children in marginalized communities and lays special emphasis on gender equality and community participation. One of the major aspects of HDF's program is the education of girls and women. Several families are not aware of the benefit of educating females when there are mouths to feed. Numerous young girls are forced to drop out of school. HDF visualizes a future where girls have health, literacy, involvement in economic activities and awareness of their privileges and leadership abilities. Investment in girls' education is the most efficient worldwide solution to remove gender inequality. HDF's Village Development Organizations strive to influence parents to send their daughters to school and give them a chance to escape poverty.

The world requires augmented funding and persistent encouragement for quality education programs to make sure that girls and boys at both primary and secondary levels never grow to be a new cohort of young illiterates. Each literate woman symbolizes a conquest over poverty. Governments, private organizations, donors, and all development associates need to make education obtainable for women around the world. Literacy is a crucial base for development and success. To empower women via education empowers all of us.



HDF Profiles

Employee Profile & Success Story



Humaira Zeb, Lady Health Visitor

Ms. Humaira Zeb has been part of Human Development Foundation Pakistan for nine years. Humaira is a certified LHV who achieved First Division from KPK Nursing Board in 2005. Since then, she has worked as a Lady Health Visitor in HDF program areas of Mardan Region, Khyber Pakhtunkhwa. She is also a trained Midwife and has proved herself to be competent in dealing with pregnancy, childbirth, and the postpartum period of mothers in extreme poverty ridden areas of the Mardan region.

Ms. Zeb strives to achieve excellence in her work. She values learning and has been part of various trainings such as on reproductive health services and family planning, which has enhanced her skills. Ms. Humaira continues to serve the women in her area, particularly mothers and children and is a valuable member of the community and HDF.

HDF Giving Hope to All

Shammi was pale, hopeless, and suffering from severe low blood count when HDF community health workers found her in Union Council Bagh-o-Bahar, Tehsil Khanpur in Rahim Yar Khan. The Hindu scheduled caste lady had moved into the area recently with her husband, Gurdas. She had already gone through the heartache of losing two children in four unsuccessful pregnancies within two years.

Her family survives on only the income they receive from their livestock and Gurdas did not have the financial resources to secure quality treatment for his wife. Desperate for some kind of relief, he turned to an HDF Community Health Worker (CHW) who brought them to the Community Health Center (CHC).

HDF's Primary Healthcare program provides health services to deprived communities, particularly focusing on the wellbeing of mothers and children. Over the years, HDF has considerably lowered infant mortality rate, bringing it to 27/1000 live births in its partner communities.

The health team at our CHC provided Shammi with the necessary treatment. She was given free medicines and was asked to come for weekly checkups. Our CHWs carried out regular follow up visits guiding Shammi and her husband on health, hygiene and proper nutrition. After a year, the birth of a healthy baby girl restored happiness to their household.

"I was on the verge of death when we came to first visit the CHC. I'll always be thankful to HDF's health workers for bringing me here and for the HDF doctor and CHC staff for giving me the treatment I needed with such care and respect. I pray for them every day."

-Shammi Gurdas



Shammi with her husband and baby daughter



News & Views

Update



Raina Batool

Dr. Abdus Salam Scholarship

Raina Batool, from the HDF-MHF Secondary School, won the Dr. Abdus Salam Scholarship this year after rising to the top with an A grade in the Middle School Board Examinations. Students who win this scholarship receive approximately \$200 for two years that will be disbursed on a monthly basis from the start of the academic session.

Youth Dialogue

The Karachi HDF team participated in a Youth Dialogue on Democratic and Peaceful Governance and Sustainable Development to better understand the challenges young people are currently facing. The awareness session was attended by representatives from Pakistan Institute of Legislative Development and Transparency (PILDAT) and UNDP as well as students of Institute of Business Administration (IBA), University of Karachi, the general youth and media personnel. The discussion also included impacts of deactivation of youth student unions and the lack of implementation of Youth Policy.

Plant for Pakistan

HDF actively participated in the "Plant for Pakistan" Campaign this year and planted 3,000 saplings received from the Forest Department of District Mardan. Members of the Village Development Organizations (VDOs), childrens forums and the community enthusiastically took part in the plantation drive by planting the saplings in different areas of the HDF Mardan region.





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Ways to Give

The Human Development Foundation is a registered 501(c)(3) not for profit organization with Tax ID 36-4184940. Your donations are tax deductible to the fullest extent allowed by law. Donations must be received on or before Dec 31st to be deductible in the following tax year.

Matching Donations

Your employer might be able to match your donation.
You can double your impact!

Donate by Mail

Make checks payable to 'Human Development Foundation' and mail all checks to:
2775 W Algonquin Rd Suite 240
Rolling Meadows, IL 60008

Donate by Wire Transfer or Auto Debit from Bank Account

HDF can automatically deduct funds from your checking or savings account for one time or recurring donations. Let us know the amount you want deducted and how often you would like this amount deducted and send us a voided check or account & routing number.

Make a Stock Donation

Please contact Dan Papavasiliou at 847-490-0100 or danp@hdf.com

Events

**Saturday,
November 3rd
6 PM**

HDF Michigan Network
Event
Edward Hotel
Dearborn, MI

HUMAN DEVELOPMENT FOUNDATION
Michigan Chapter 20th Anniversary

Entertainment
Humaira Channa
A versatile singer
holding
6 Nigar Awards

SAVE THE DATE!

HDF
BLOOD SCREENING CAMP
OF HEPATITIS B & C
HUMAN DEVELOPMENT FOUNDATION T.M.K REGION
Date:

Sultana Siddiqui
Keynote Speaker

A Recognized Leader and a Role Model

HDF Michigan Chapter Fundraiser
Edward Hotel, Dearborn, MI
November 3rd 2018
Social hour/Registration: 6 pm
Muzammil Malik: (313) 407-1977